

THE ESG LOGBOOK

NAVIGATING IFRS STANDARDS, ISO
FRAMEWORKS, AND AIRLINE DATA GOVERNANCE

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Chapter 1

The ESG Mandate in Modern Aviation

The cockpit of a modern commercial aircraft is a masterclass in data synthesis. Pilots manage hundreds of variables in real-time, from fuel flow and vertical speed to cabin pressure and wind shear. For decades, the singular metric that defined the 'success' of a flight was its efficiency--specifically, how little fuel could be burned while maintaining safety and schedule. However, as we move through the first half of 2026, a new set of indicators has permanently occupied the primary flight display of airline boardrooms. These are not measured in pounds per hour, but in carbon intensity, social impact, and governance transparency.

The transition to Environmental, Social, and Governance (ESG) principles in aviation is no longer a peripheral concern or a marketing exercise. It has become a fundamental mandate, as essential to the survival of a carrier as its Air Operator Certificate. By early 2026, the industry has reached a tipping point where sustainability is not just an operational goal but a

financial and legal requirement. The shift is driven by a convergence of strict regulatory frameworks like ReFuelEU Aviation, the global implementation of IFRS Sustainability Disclosure Standards, and a capital market that increasingly views carbon exposure as a credit risk.

The Evolution of the ESG Mandate

To understand where aviation stands today, one must look back at the rapid evolution of corporate responsibility within the sector. In the early 2010s, 'sustainability' was often synonymous with Corporate Social Responsibility (CSR). It was a world of tree-planting ceremonies and glossy brochures that highlighted fuel-efficient winglets. While these efforts were commendable, they were largely voluntary and lacked the rigorous data governance required for financial auditing.

The 'Great Reset' of the early 2020s changed this trajectory forever. The 2021 IATA Annual General Meeting in Boston, where member airlines committed to achieving net-zero carbon emissions by 2050, marked the beginning of the end for the voluntary era. By late 2024, IATA had updated its Net Zero Roadmaps, moving from high-level ambitions to granular, step-by-step actions across aircraft technology, energy infrastructure, and finance.

Perhaps the most significant catalyst for this evolution was the realization that aviation is a 'hard-to-abate' sector. Unlike the automotive industry, which could pivot to electrification with relative speed, long-haul aviation remains tethered to liquid fuels for the foreseeable future. This reality has forced a shift in strategy. By 2026, airlines have moved past the hope for a 'silver bullet' technology and have instead embraced a multifaceted approach where Sustainable Aviation Fuel (SAF), operational efficiency, and carbon markets form a complex, interdependent ecosystem.

Materiality: Beyond the 'Green' Label

In the language of modern business, 'materiality' refers to the factors that are significant enough to affect a company's financial health or its stakeholders' decisions. In aviation, the definition of materiality has expanded. We now speak of 'Double Materiality'--the concept that an airline must account for both how the environment impacts its business (such as the physical risks of extreme weather to hub operations) and how its business impacts the environment.

As of May 2026, the materiality of ESG is most visible in the cost of capital. Leading financial institutions and aircraft lessors have integrated ESG performance into their credit models. It is now common for lease agreements to include sustainability-linked clauses, where interest rates or lease payments are adjusted based on the airline's ability to meet specific CO intensity targets. For a carrier, a poor ESG rating is no longer just a public relations problem; it is a direct drag on the balance sheet, manifesting as higher borrowing costs and increased insurance premiums.

Regulators have codified this materiality through mandates that remove the element of choice. The ReFuelEU Aviation regulation, which entered its first full year of implementation in 2025, requires all flights departing from EU airports to use a minimum of 2% SAF blend. While 2% sounds modest, the administrative load of proving compliance is immense. Airlines must now provide end-to-end, auditable evidence of every drop of SAF used, ensuring it meets strict sustainability criteria to avoid hefty penalties that can be twice the price of the fuel itself.

Strategic Alignment: Breaking the Silos

One might argue that the greatest challenge of the ESG mandate is not the technology, but the organizational structure. Historically, an airline's

sustainability team operated in a silo, often separated from the flight operations, procurement, and finance departments. The modern mandate has shattered these walls.

By early 2026, strategic alignment means that ESG goals are woven into every operational decision. When a procurement officer negotiates a new fuel contract, they are not just looking at the price per gallon; they are evaluating the carbon lifecycle of the supplier. When a flight planning team optimizes a route, they are increasingly considering non-CO₂ effects, such as contrail prevention, which is emerging as a critical component of climate impact management.

This alignment is being driven from the top. A 2026 industry survey noted that nearly 60% of major airlines have now linked executive compensation to ESG Key Performance Indicators (KPIs). When a CEO's bonus is tied to the airline's SAF uptake or its carbon intensity per Revenue Passenger Kilometer (RPK), sustainability becomes a core business priority.

However, this alignment requires a level of data governance that many airlines are still struggling to achieve. The 'age of paperwork and proof,' as some have called it, demands that airlines move beyond spreadsheets. To comply with the IFRS S and S standards--which as of 2026 are being adopted by over 30 jurisdictions--airlines must report their climate-related risks and opportunities with the same level of rigor as their financial statements. This means that a 'Scope 3' emission calculation (indirect emissions in the value chain) must be as accurate and verifiable as a profit and loss statement.

The Role of Data Governance

If Chapter 1 establishes the 'why' of the ESG mandate, the remainder of this book will explore the 'how.' At the heart of the 'how' is data governance. The

aviation industry is currently facing an 'information gap.' While we have the sensors to track almost every aspect of a flight, we often lack the unified data architecture to translate that information into a compliant ESG report.

In 2025 and the first months of 2026, we have seen a surge in investment in 'ESG Logbooks'--digital platforms that aggregate data from fuel suppliers, engine sensors, and carbon markets into a single source of truth. These systems are not just for reporting; they are for survival. Without them, the administrative burden of CORSIA (Carbon Offsetting and Reduction Scheme for International Aviation) and various regional Emissions Trading Systems (ETS) becomes unmanageable.

Looking Ahead

As we close this introduction to the ESG mandate, it is important to reflect on the pace of change. Only five years ago, the idea of a mandatory SAF blend or a global sustainability reporting standard seemed like a distant prospect. Today, they are the baseline. The 'Logbook' of the modern airline is no longer just a record of where we have flown, but a testament to how we have flown and what we have left behind.

The mandate is clear: the freedom to fly in the 21st century is contingent upon the industry's ability to prove its sustainability. In the following chapters, we will navigate the specific standards and frameworks that define this new era, beginning with the foundational IFRS S and S standards that have redefined the relationship between transparency and value.

Chapter 2

The Human Element: Social and Governance Pillars

The flight deck of a modern long-haul aircraft is often described as a marvel of engineering, a sanctuary of automation where silicon and software manage the complexities of physics. Yet, for all the talk of sustainable aviation fuel and aerodynamic efficiency, the industry remains an intensely human endeavor. When we speak of the 'S' and the 'G' in ESG--Social and Governance--we are essentially discussing the heartbeat and the brain of the airline. Without a motivated, diverse, and safe workforce, and without a board that understands the gravity of its oversight, the most advanced carbon-reduction strategy is little more than a paper exercise. One might argue that while the environmental pillar defines the 'what' of the industry's future, the social and governance pillars define the 'how' and the 'who'.

The Social Fabric: Labor, Diversity, and the Human Factor

In the wake of the turbulence experienced during the mid-2020s, the aviation labor market has undergone a fundamental shift. As of early 2026, the global pilot and technician shortage continues to be a primary operational risk, forcing airlines to reconsider their relationship with the 'Human' in their Social metrics. It is no longer sufficient to view labor as a cost center to be optimized; rather, it is a strategic asset that requires careful cultivation. Recent data suggests that the industry will need nearly 650,000 new pilots over the next twenty years to meet projected demand. This reality has brought labor relations to the forefront of ESG reporting.

Historically, the relationship between airline management and labor unions has been characterized by cycles of tension and resolution. However, the modern ESG framework demands a more transparent approach to these dynamics. Under the IFRS S General Requirements for Disclosure of Sustainability-related Financial Information, companies are increasingly expected to disclose how they manage relationships with their employees and the risks associated with labor unrest. This isn't just about avoiding strikes; it's about the long-term sustainability of the workforce. We see airlines now reporting on 'employee engagement scores' and 'turnover rates' with the same rigor once reserved for load factors.

Diversity, Equity, and Inclusion (DEI) have also transitioned from peripheral 'feel-good' initiatives to core business imperatives. The IATA '25by2025' initiative, which aimed to increase the number of women in senior positions and under-represented areas by 25% or up to a minimum of 25% by 2025, served as a significant catalyst. As we look at the landscape in 2026, the results are mixed but promising. While the percentage of female pilots globally still hovers around 6% to 8%, the representation in corporate leadership and engineering roles has seen a more marked improvement.

Diversity is not merely a box-ticking exercise for the sake of social justice. In the cockpit and the maintenance hangar, cognitive diversity--the inclusion of different perspectives and problem-solving styles--is a safety critical asset. An airline that draws from a narrow demographic pool is effectively limiting its talent pipeline and its ability to innovate. The challenge, perhaps, lies in the high cost of entry for aviation careers. Forward-thinking carriers are now addressing the 'Social' pillar by providing scholarships and bridge programs for underrepresented communities, recognizing that a diverse workforce is a more resilient one.

Safety Management Systems: The Ultimate Governance Tool

If the social pillar is the heartbeat, Governance is the nervous system. In aviation, governance is often synonymous with safety. While many industries are just now learning how to manage complex, non-financial risks, aviation has been doing this for decades through Safety Management Systems (SMS). It is a peculiar irony that the most robust ESG governance tool was developed long before the term 'ESG' became a boardroom staple.

An SMS is a systematic approach to managing safety, including the necessary organizational structures, accountabilities, policies, and procedures. Under ICAO Annex 19, SMS is a global requirement, and its principles align perfectly with the 'G' in ESG. A well-functioning SMS requires a 'Just Culture'--an environment where employees feel safe to report errors without fear of retribution. This is the epitome of social and governance integration. If a mechanic is afraid to report a hairline crack because of a punitive management culture, the governance structure has failed, and the social contract is broken.

By 2026, we are seeing a convergence of SMS and ESG data governance. The same data pipelines used to track safety incidents are being adapted to monitor environmental performance and social metrics. This integration is

vital for meeting the stringent requirements of ISO 45001 (Occupational Health and Safety) and the newer IFRS standards. Investors are no longer looking at safety as a separate operational silo; they view it as a proxy for the overall quality of corporate governance. An airline with a high frequency of safety 'near-misses' is often an airline with deeper governance flaws, ranging from poor oversight to inadequate resource allocation.

Furthermore, the evolution of governance must account for climate-related risks. The board's role is no longer limited to financial audit and executive succession. It now encompasses the oversight of decarbonization pathways. This means the board must possess, or have access to, climate expertise. One might observe a growing trend where airline boards are establishing dedicated Sustainability Committees, separate from the Audit or Risk Committees, to ensure that ESG risks are given the granular attention they require.

Aligning Incentives: Executive Compensation and ESG

Perhaps the most tangible link between governance and ESG performance is the structure of executive compensation. For decades, airline CEOs were incentivized primarily through Total Shareholder Return (TSR) and operational metrics like On-Time Performance (OTP). However, the landscape has shifted. As of the 2025-2026 fiscal cycles, a significant majority of major global carriers have integrated ESG KPIs into their Short-Term Incentive (STI) and Long-Term Incentive (LTI) plans.

This shift is not without its critics. Some argue that ESG metrics are too 'soft' or easily manipulated compared to hard financial data. To counter this, airlines are increasingly turning to third-party verified data and standardized frameworks like the IFRS S Climate-related Disclosures. For instance, a CEO's bonus might be tied to a specific reduction in CO per revenue passenger kilometer (RPK) or a measurable increase in the percentage of

sustainable aviation fuel (SAF) used in the fleet.

Linking pay to 'Social' metrics is equally important but often more complex. How does one quantify a 'Safety Culture' for the purpose of a bonus? Some airlines use a composite score of safety audit results, employee survey data, and training completion rates. Others focus on diversity targets. For example, several European carriers have recently faced scrutiny--and eventual praise--for making a portion of executive pay contingent on reaching gender parity targets within middle management by 2026.

This alignment of incentives ensures that ESG is not just a marketing slogan but a fundamental driver of executive behavior. When a significant portion of a leader's net worth is tied to the airline's carbon footprint or its safety record, the 'Human Element' suddenly receives the same level of scrutiny as the quarterly earnings call. It creates a 'tone at the top' that permeates the entire organization.

The Intersection of Data and Oversight

As we move deeper into the decade, the governance of ESG data itself has become a critical concern. The 'G' in ESG now includes 'Data Governance.' With the implementation of the Corporate Sustainability Reporting Directive (CSRD) in Europe and similar movements by the SEC in the United States (notwithstanding the legal ebbs and flows of the mid-2020s), the accuracy of non-financial data is paramount.

Boards are now responsible for ensuring that the data used to calculate carbon emissions or workforce diversity is as accurate as the data in the financial ledger. This requires a robust internal control environment. In many airlines, the Internal Audit department, which traditionally focused on financial controls, is now being tasked with auditing the ESG data pipeline. They are asking: Where does this fuel burn data come from? Who has

access to the employee diversity database? How do we know these SAF certificates are valid?

This level of oversight is necessary because the stakes are high.

'Greenwashing'--the practice of making misleading environmental claims--is no longer just a reputation risk; it is a legal and financial one. Governance structures that fail to provide rigorous oversight of ESG data are leaving the airline vulnerable to litigation and regulatory fines. It seems that the era of 'trust me' reporting has ended, replaced by an era of 'show me the data.'

Looking Ahead

The human element of aviation is its greatest strength and its most complex challenge. The 'S' and the 'G' of ESG are the structures that support the industry's environmental ambitions. Without a fair and diverse workplace, the industry will lack the talent to innovate. Without a safety-first governance culture, the industry will lose its social license to operate. And without executive incentives aligned with long-term sustainability, the necessary investments in new technology will never materialize.

As we transition to the next chapter, we will move from these organizational and human structures to the technical heart of the ESG challenge: the metrics and standards that define success. We will examine how the data governance mentioned here translates into the specific disclosures required by the IFRS and how airlines are navigating the 'alphabet soup' of global reporting frameworks. The 'Logbook' continues, moving from the people who fly the planes to the data that tracks their impact.

The Mechanics of Efficiency: Load Management Fundamentals

Every gram of weight on a commercial aircraft carries a price, paid in kilograms of jet fuel and, increasingly, in metric tons of carbon dioxide equivalents. While the aviation industry has spent decades chasing aerodynamic perfection and engine efficiency, one of the most immediate and controllable levers for reducing environmental impact remains hidden in the physics of load management. It is a peculiar reality of airline operations that two identical aircraft, carrying the same number of passengers and the same amount of cargo, can have vastly different fuel burns simply because of where that weight is placed within the fuselage.

This chapter explores the technical and operational mechanics of load management. It is not merely a safety exercise required by regulators; it is a fundamental pillar of ESG strategy. In an era where IFRS S standards demand rigorous disclosure of climate-related risks and emissions, the precision with which an airline manages its weight and balance becomes a

direct reflection of its data governance maturity.

The Physics of Trim Drag and the CG Lever

To understand why load management matters for efficiency, one must look at the four forces of flight: lift, weight, thrust, and drag. In a perfectly balanced world, the center of lift (CL) would align perfectly with the center of gravity (CG). However, for reasons of aerodynamic stability, aircraft are designed so that the center of gravity is typically located forward of the center of lift. This creates a natural "nose-down" tendency.

To counter this and maintain level flight, the horizontal stabilizer on the tail must produce a downward force--essentially acting as an upside-down wing. This is known as tail-down force (TDF). While TDF provides the necessary stability to keep the aircraft from pitching uncontrollably, it comes with a significant penalty. Because the tail is pushing down, the main wings must generate additional lift to support not only the aircraft's actual weight but also the artificial "weight" created by the tail's downward pressure. More lift inevitably creates more induced drag, specifically "trim drag".

Perhaps the most effective way to reduce this drag is to move the center of gravity as far aft as safely possible. When the CG is shifted toward the rear of the aircraft, the nose-down tendency is reduced. Consequently, the tail needs to produce less downward force, the wings need to produce less lift, and the total drag on the airframe decreases. It seems a minor adjustment, but the impact is far from negligible. Industry data from manufacturers like Airbus and Boeing suggests that optimizing the CG toward the aft limit can improve fuel efficiency by anywhere from 0.5% to 2.0%, depending on the aircraft type and flight duration. On a long-haul flight of 9,000 kilometers, this can equate to a reduction of several hundred kilograms of fuel.

The Hierarchy of Weights

Load management is a game of nested variables. To manage it effectively, an airline must maintain a rigorous data chain that begins long before a passenger steps onto the jet bridge. The process relies on several key weight definitions:

1. **Basic Empty Weight (BEW):** The weight of the aircraft structure, engines, and all fixed equipment. This is the baseline, yet even this changes over time as new seats are installed or layers of paint are added.
2. **Operational Empty Weight (OEW):** This includes the BEW plus the weight of the crew, their luggage, catering supplies, and potable water. For an airline focused on ESG, the OEW is a primary target for "de-weighting" initiatives--switching to lighter galley carts or digital flight bags.
3. **Zero Fuel Weight (ZFW):** The OEW plus the payload (passengers and cargo). This is a critical safety limit; exceeding the Maximum Zero Fuel Weight (MZFW) puts undue stress on the wing structures.
4. **Takeoff Weight (TOW):** The ZFW plus the fuel required for the trip.

The challenge for modern data governance is that many of these figures have historically been estimates. For years, the industry has relied on "standard weights" to simplify the complex math of loading hundreds of people in a matter of minutes. However, as we move into a period of mandatory IFRS reporting, the gap between standard estimates and actual reality is becoming a liability.

Standard Weights versus the "Actual" Reality

Regulatory bodies like the FAA and EASA provide standard average weights for passengers and their carry-on bags. As of 2025, EASA's standard for an adult passenger (including carry-on) remains approximately

84 kilograms. In the United States, the FAA updated its guidance in 2021 to reflect a heavier population, increasing the average adult summer weight to roughly 190 to 200 pounds depending on the gender mix.

While these standards ensure safety by building in a buffer, they are blunt instruments for efficiency. If an airline consistently overestimates its passenger weight, it carries more contingency fuel than necessary--fuel that itself has weight and requires more fuel to carry (the "fuel-to-carry-fuel" penalty). Conversely, if the actual weight is higher than the standard, the aircraft may be operating outside its optimal efficiency window without the crew's knowledge.

A fascinating development in early 2026 has been the "Ozempic Effect" on airline economics. Financial analysts have begun modeling the impact of widespread GLP-1 weight-loss drug adoption on fuel burn. One report from Jefferies in January 2026 estimated that if the average passenger weight were to drop by just 10 pounds (roughly 4. kilograms), a major carrier could save upwards of \$80 million in fuel costs annually. This underscores a fundamental truth: in the high-stakes world of aviation, there is no such thing as "negligible" weight.

To capture these savings and meet the data accuracy requirements of ISO 14064 (which governs the quantification and reporting of greenhouse gas emissions), airlines are increasingly looking toward "Actual Weight" measurements. This involves using on-board weight and balance systems (OBWBS) or pressure sensors in the landing gear to provide real-time, digital confirmation of the aircraft's mass before taxiing. This shift from "assumed" to "actual" is perhaps the most significant leap in load management data governance in fifty years.

The ESG and IFRS Connection

One might argue that load management is a purely operational concern, but the implementation of IFRS S (Climate-related Disclosures) has moved it into the boardroom. IFRS S requires entities to disclose their Scope 1 emissions--direct emissions from owned or controlled sources--with a high degree of transparency and auditability. For an airline, Scope 1 is almost entirely comprised of jet fuel combustion.

If an airline uses standard weights to calculate its fuel requirements and subsequent emissions, it is reporting on a "best guess" basis. Under the scrutiny of the International Sustainability Standards Board (ISSB), such estimations may no longer be sufficient for investors who demand "decision-useful" information. Precise load management provides the data needed to prove that an airline is actively mitigating its transition risks by maximizing the efficiency of its existing fleet.

Furthermore, the move toward digital load sheets--part of the broader data governance theme of this book--allows for the integration of real-time CG optimization into flight planning software. By the time the pilot receives the final load sheet on their Electronic Flight Bag (EFB), the system has already calculated the most fuel-efficient distribution of cargo in the hold to achieve that elusive aft C.

Conclusion

The mechanics of efficiency are not found in a single breakthrough technology, but in the meticulous management of thousands of small data points. Load management is where the physics of the wing meets the requirements of the balance sheet. By understanding the relationship between the center of gravity and trim drag, and by moving from standard weight assumptions to actual data measurements, airlines can unlock

immediate fuel savings that require no new engine technology or alternative fuels.

As we look ahead to the next chapter, we will shift our focus from the physics of the aircraft to the frameworks of the organization. Having established how weight influences fuel, we must now examine the ISO standards that define how this data is structured, verified, and reported to a world that is no longer satisfied with averages.

Mass and Momentum: The Environmental Cost of Weight

The physics of aviation is, at its core, a relentless negotiation with gravity. While the industry often looks toward the horizon for breakthrough technologies--hydrogen propulsion, electric flight, or the elusive promise of scaled sustainable aviation fuel (SAF)--the most immediate and manageable variable in the carbon equation remains the sheer mass of the aircraft itself. Every gram carried into the sky requires energy to lift and momentum to maintain. In the context of the 2026 operating environment, where fuel prices remain volatile and environmental scrutiny has reached a fever pitch, the management of weight has transitioned from a purely operational concern to a pillar of corporate ESG governance.

It is easy to overlook the weight of a single magazine or a half-filled bottle of potable water when boarding a wide-body aircraft. Yet, when multiplied by millions of passengers and thousands of flight hours, these trifles become a formidable environmental liability. Perhaps the most striking realization for

many sustainability officers is that weight is not just a static figure on a manifest; it is a dynamic penalty that compounds throughout every phase of flight.

The Fuel Burn Penalty: Quantifying the Invisible

The relationship between weight and fuel consumption is often described as the "fuel burn penalty." As of early 2026, industry data suggests that for every extra tonne of weight transported, approximately 2% to 5% of that mass is burned in fuel every hour simply to carry it. On a long-haul flight spanning ten hours, a single additional kilogram can require nearly half a kilogram of fuel just to stay aloft. This creates a vicious cycle: more weight requires more fuel, which itself adds weight, necessitating even more fuel--a phenomenon known as the fuel-weight spiral.

Recent analysis from early 2025 provides a more granular look at this cost. For a typical short-haul aircraft operating five flights a day, reducing the airframe weight by just one kilogram can lead to an annual fuel saving of roughly 6,241 kilograms. When one considers that every kilogram of jet fuel burned releases approximately 3. kilograms of carbon dioxide (CO), that solitary kilogram of weight reduction translates into a nearly 20-tonne reduction in annual CO emissions for that single aircraft.

One might argue that such incremental gains are negligible in the face of the 108 billion gallons of fuel the global fleet is projected to consume in 2026. However, as airlines integrate these savings across hundreds of aircraft, the cumulative impact becomes central to meeting the strictures of new regulatory frameworks like IFRS S. The focus is no longer on "big wins" but on the "aggregation of marginal gains."

The Revolution in Cabin Interiors

If the airframe and engines represent the fixed costs of weight, the cabin interior is the variable frontier. For decades, cabin design prioritized durability and luxury, often at the expense of mass. By 2026, this paradigm has shifted. The "Sustainable Cabin" has become a competitive category in industry awards, reflecting a move toward materials that are lighter, circular, and smarter.

In early 2026, the industry saw the debut of modular seat concepts like the Recaro R Sphere, which utilizes sugar cane-based composites and recyclable materials to save roughly 1. kilograms per passenger. In a 180-seat narrow-body aircraft, this single change removes 270 kilograms from the cabin, potentially reducing CO emissions by 55 tons per aircraft per year. Similarly, Airbus has begun deploying new sidewall panels for the A330neo that shave 100 kilograms off the aircraft's empty weight, simultaneously improving passenger space and environmental performance.

Beyond the seats and walls, airlines are scrutinizing the weight of service. Potable water management is a prime example of data-driven weight reduction. Historically, airlines filled water tanks to capacity regardless of the actual passenger load or flight duration. However, by mid-2025, software providers like OpenAirlines demonstrated that carrying 500 kilograms of unused water on a 9-hour flight costs 150 kilograms of fuel. Leading carriers now utilize predictive analytics to calculate the precise amount of water needed based on historical consumption patterns and real-time passenger counts, ensuring they are not "flying the tank" unnecessarily.

Even the cockpit has gone on a diet. The transition from heavy, paper-based flight manuals--which could weigh up to 20 kilograms per pilot--to Electronic Flight Bags (EFBs) on tablets was an early victory. Today,

that digital philosophy is being applied to the entire passenger experience. The removal of printed in-flight magazines and the shift toward digital-only duty-free catalogs have collectively removed hundreds of kilograms of paper from the fleet, further decoupling flight momentum from physical mass.

Payload Efficiency and the ESG Rating Matrix

In the current landscape, an airline's environmental performance is no longer judged solely by its total emissions but by its efficiency. Investors and rating agencies increasingly look to metrics like grams of CO per Revenue Passenger Kilometer (gCO₂/RPK) or Revenue Tonne Kilometer (RTK). These figures are the ultimate arbiters of payload efficiency.

Research published in April 2026 highlights a strong correlation between operational payload management and ESG efficiency scores. The study suggests that larger payloads and higher operational intensity--carrying more weight in passengers and cargo rather than "dead weight" in the aircraft structure--are statistically significant determinants of a high CO efficiency rating. This creates a nuanced challenge for airline management: they must minimize the weight of the vessel while maximizing the utility of the payload.

This efficiency is now a mandatory disclosure under IFRS S, which became effective for many jurisdictions in 2024 and 2025. Under these standards, airlines must report not just their direct (Scope 1) emissions from fuel burn, but also the governance processes they use to monitor and manage climate-related risks. A failure to demonstrate a robust weight-reduction strategy can lead to a higher cost of capital, as lenders increasingly link interest rates to sustainability KPIs. For instance, some sustainability-linked bonds now include specific targets for reducing carbon intensity per RTK, making every kilogram of weight reduction a direct contributor to financial health.

Data Governance: The Backbone of Weight Management

The ability to report these gains accurately depends on a sophisticated data governance framework. It is no longer sufficient to estimate fuel burn based on generic weight tables. In 2026, airlines are moving toward "Digital Twins" of their aircraft--virtual models that track the exact weight and balance of the physical asset in real-time. This includes tracking the weight of everything from the latest lightweight galley units to the specific density of the paint applied to the fuselage.

This granular data collection is essential for complying with ISO 14001 environmental management systems and the rigorous auditing required by IFRS standards. When an airline claims a 1% reduction in fuel burn through weight-saving initiatives, as Delta Air Lines did in early 2025, they must have the data to back it up. This involves a cross-functional effort--often led by an internal "Carbon Council"--that integrates data from flight operations, maintenance, and catering into a single source of truth.

As we look toward the future of the industry, it becomes clear that while new fuels and engines will eventually do the heavy lifting, the immediate path to sustainability is paved with the grams we choose to leave behind. The momentum of an aircraft is a precious resource, and in an era of climate accountability, wasting it on excess mass is an expense that neither the balance sheet nor the planet can afford.

With the physics of weight and its impact on emissions now quantified, we must turn our attention to the operational procedures that govern how that weight moves through the sky. In the next chapter, we will examine the role of flight path optimization and the digital tools that allow pilots to navigate the most fuel-efficient routes in real-time.

Chapter 5

The Balancing Act: Cargo, Fuel, and Service Trade-offs

The belly of a wide-body aircraft is a silent battlefield. Every day, as flight dispatchers and load controllers finalize their manifests, they engage in a high-stakes game of three-dimensional Tetris. On one side, the commercial team pushes for every available kilogram to be filled with high-yield cargo. On the other, the fuel procurement desk eyes price differentials at the destination, suggesting the aircraft carry an extra ten tons of fuel to avoid expensive refueling on the return leg. Meanwhile, the passenger experience team insists on a full complement of catering, duty-free carts, and heavy, premium-grade amenities. This is the reality of the airline balancing act, a struggle that has existed as long as commercial flight itself, but one that has been fundamentally transformed by the arrival of rigorous Environmental, Social, and Governance (ESG) reporting standards.

Historically, these decisions were viewed almost exclusively through the lens of profit and loss. If the cost of carrying extra fuel--the "fuel to carry

fuel"--was less than the price difference between two airports, the decision was a simple financial calculation. If a lucrative cargo contract paid more than the fuel burn penalty of its weight, the cargo stayed. But as we move further into 2026, the arithmetic has changed. The introduction of the International Financial Reporting Standards (IFRS) S, which mandates the disclosure of climate-related risks and opportunities, has brought these operational trade-offs into the spotlight of the corporate boardroom. What was once a hidden operational choice is now a public ESG metric.

The Zero-Sum Game of the Cargo Hold

In the current operational environment, weight is the ultimate currency. Every kilogram added to an aircraft increases its drag and, consequently, its fuel consumption. For a typical long-haul flight, carrying an additional 1,000 kilograms of weight can increase fuel burn by approximately 3% to 4% per hour, depending on the aircraft type and altitude. This creates a direct tension between revenue management and sustainability goals.

Revenue management systems have become incredibly sophisticated, often utilizing artificial intelligence to predict which cargo will yield the highest margin. However, these systems have traditionally been blind to the carbon cost of that weight. As of early 2026, air cargo is estimated to account for roughly 15% of commercial aviation's total carbon dioxide emissions. While belly cargo--freight carried in the hold of passenger planes--is generally more carbon-efficient than dedicated freighters because it leverages a flight that is already scheduled, it still adds to the total fuel burn.

Perhaps the most difficult trade-off occurs when an aircraft is "payload limited." On a hot day or a particularly long route, an aircraft might not be able to carry its full capacity of passengers, baggage, and cargo. In these moments, the airline must choose. Does it bump a high-paying cargo pallet to ensure all passenger bags make the flight? Or does it prioritize the cargo

revenue and risk the "Social" fallout of delayed luggage? In the age of ESG, the "S" in the acronym--representing customer satisfaction and brand reputation--now carries a weight that can be measured against the "E" of carbon emissions and the "G" of governance-led decision-making frameworks.

Fuel Tankering: The High Cost of Cheap Fuel

One of the most controversial practices in airline operations is "economic fuel tankering." This occurs when an airline uplifts more fuel than is necessary for a safe journey because fuel at the departure airport is significantly cheaper than at the destination. While it makes perfect sense on a balance sheet, it is an environmental nightmare.

Research conducted by Eurocontrol and updated for the 2025/2026 period indicates that tankering can save airlines hundreds of millions of euros annually across a major network, but at a cost of nearly one million tonnes of avoidable CO emissions. In the European airspace alone, it was estimated that approximately 16.5% of flights performed full tankering, resulting in a net saving of EUR265 million but producing 901,000 tonnes of unnecessary carbon emissions.

As of May 2026, the regulatory landscape is finally catching up with this practice. Under the ReFuelEU Aviation mandate, which began its phased implementation in 2025, airlines departing from European Union airports are now required to uplift at least 90% of the fuel needed for their journey locally. This "anti-tankering" provision is designed to prevent airlines from bypassing more expensive Sustainable Aviation Fuel (SAF) mandates by carrying fossil kerosene from non-EU jurisdictions.

For the data governance professional, tracking tankering is a complex task. It requires the integration of fuel procurement data, flight planning software,

and real-time emissions monitoring. Under IFRS S, airlines must now disclose their gross Scope 1 emissions, which includes all jet fuel burned. A significant spike in Scope 1 emissions caused by aggressive tankering is no longer just an operational detail; it is a potential red flag for ESG-conscious investors who see it as a lack of alignment with net-zero commitments.

Trimming the Cabin: The Weight of Service

The trade-offs aren't limited to the cargo hold. The cabin itself is a significant source of weight and, by extension, emissions. Everything from the weight of the seats and the thickness of the carpets to the number of meals loaded for a flight contributes to the aircraft's environmental footprint.

Consider the humble in-flight meal. The global airline catering market reached an estimated \$19. billion in 2025, reflecting a post-pandemic surge in premium service demand. However, this growth comes with a heavy environmental price. The industry generates more than 5. million tons of cabin waste annually, with food waste alone costing airlines nearly \$3. billion in lost revenue.

To combat this, airlines are increasingly turning to data-driven optimization of service equipment. By 2025, many leading carriers had begun using predictive analytics to sense demand more accurately, allowing them to reduce the number of "buffer" meals carried on board. Some have even introduced pre-ordering systems that guarantee a passenger's choice while eliminating the weight of unselected surplus meals.

Beyond food, the hardware of service is also under scrutiny. The shift toward lightweight galleys, composite trolleys, and even the removal of heavy paper magazines has become standard practice. A single kilogram reduction in weight across a fleet of 100 narrow-body aircraft can save tens of thousands of liters of fuel per year. However, these changes often meet

resistance from the service side of the business. A lighter, thinner seat might reduce carbon emissions, but if it leads to lower passenger satisfaction scores, the airline faces a different kind of ESG risk.

The Role of Data Governance in Balancing Trade-offs

How does an airline manage these competing priorities without descending into operational chaos? The answer lies in the robust data governance frameworks discussed in earlier chapters of this logbook. To make truly informed decisions, airlines must break down the silos between flight operations, commercial, and sustainability departments.

In the past, a fuel manager might have celebrated a successful tankering strategy that saved \$50,000 on a single route, unaware that the resulting carbon emissions would push the airline past its voluntary reduction target for the quarter. Today, integrated dashboards are beginning to provide "Carbon-Adjusted Profit and Loss" statements. These tools allow dispatchers to see the financial benefit of a decision alongside its carbon penalty, often priced using internal carbon pricing models or the current market rate of carbon credits.

This level of transparency is no longer optional. With the Corporate Sustainability Reporting Directive (CSRD) in full effect for large companies as of 2025, and IFRS S becoming the global baseline, the data must be audit-ready. This means that the rationale behind a decision to carry extra cargo or tanker fuel must be documented and traceable.

Governance also extends to the "Social" aspects of these trade-offs. As airlines seek to optimize weight, they must ensure that they do not disproportionately impact certain passenger groups or compromise safety standards. ISO 14001 frameworks for environmental management systems provide a structured way to integrate these considerations into daily

operations, ensuring that sustainability is not a side project but a core part of the airline's DNA.

Moving Toward Integrated Optimization

One might argue that the perfect flight is one where every gram of weight is accounted for and serves a dual purpose: maximizing revenue while minimizing impact. We are not there yet, but the progress made by May 2026 is encouraging. Airlines are moving away from simple cost-minimization toward complex, multi-objective optimization.

In this new paradigm, the "Logbook" is no longer just a record of where a plane has been; it is a record of the choices made before it even left the ground. It reflects a commitment to transparency and a recognition that in the modern world, the most successful airlines will be those that can master the delicate balance between the weight of their cargo and the weight of their responsibilities.

As we look ahead to Chapter 6, we will explore how these operational data points are aggregated and transformed into the high-level disclosures required by global regulators. The trade-offs discussed here are the raw material of the ESG report, and understanding them is the first step toward true organizational sustainability.

Intelligence in the Air: Predictive Analytics for Planning

The aviation industry has long been haunted by a particular kind of ghost: the weight of what might have been. For decades, the process of planning a flight was a masterclass in defensive pessimism. Load planners, dispatchers, and catering managers operated on the principle of the 'buffer.' If a flight was booked to 90% capacity, they catered for 95%. If the weather looked slightly unpredictable, they added an extra ton of fuel just in case. These small, localized decisions were rational in isolation--no one wants a hungry passenger or an emergency diversion--but in aggregate, they created a massive, invisible burden of 'just-in-case' weight that burned millions of gallons of fuel every year.

As we move into the middle of 2026, this era of static planning is finally giving way to something more surgical. The shift from historical averages to real-time predictive analytics is not just a technological upgrade; it is the fundamental prerequisite for meeting the stringent environmental standards

now demanded by the market. We are seeing a transition where 'Intelligence in the Air' means that every kilogram on the load sheet must justify its existence through data.

The End of the 'Average' Passenger

One of the most persistent challenges in airline planning has been the unpredictability of the human element. Historically, airlines used a 'no-show' rate--a flat percentage based on the route and time of day--to estimate how many people would actually board. But as data from early 2026 confirms, these averages were often wildly inaccurate. Recent analysis shows that even a 3% to 5% variance in passenger show-up rates can lead to significant operational waste.

To solve this, carriers like KLM have pioneered the use of specific AI models, such as their 'TRAYS' system, which was fully operational by early 2024 and refined through 2025. Instead of applying a flat buffer, the model analyzes historical booking patterns, real-time check-in data, and even external factors like local transit delays to predict the exact number of meals required. By the start of 2026, reports indicated that this approach had reduced food waste by up to 63% on some routes, saving over 100,000 kilograms of food annually.

This isn't just about the cost of a chicken wrap. It is about the 'fuel-to-carry' penalty. IATA research has consistently shown that for every extra tonne of weight carried, an aircraft burns between 2% and 5% of that weight in fuel every hour just to keep it aloft. When you multiply that by a fleet of 200 aircraft flying eight hours a day, the 'ghost weight' of unused meals and extra water becomes a primary target for Scope 1 emissions reduction under IFRS S standards.

Moving from Static to Dynamic Load Sheets

The load sheet--the document that tells the pilot the weight and balance of the aircraft--has traditionally been a static snapshot taken shortly before pushback. However, the SITA 2025 Air Transport IT Insights report highlighted a major shift: 83% of airlines now prioritize data-driven decision-making in their operational core. The goal is a 'living' load sheet that integrates real-time data from across the airline's silos.

Perhaps the most significant breakthrough has been the integration of real-time cargo data. Air cargo has always been more volatile than passenger loads. A pallet of electronics might be swapped for a last-minute shipment of perishables, changing the weight distribution and the required cooling energy. Predictive models are now being used to simulate these shifts hours before the aircraft arrives at the gate. By April 2026, market data suggested that AI-enabled cargo routing and capacity planning could improve fuel efficiency by as much as 8% to 12% by reducing the need for 'ballast' fuel--fuel carried specifically to balance an improperly loaded plane.

Yet, the transition is not without its friction. As of early 2026, nearly half of airline IT professionals--roughly 49%--still cite data integration and consistency as the primary barriers to scaling these AI solutions. It seems that while the algorithms are ready, the 'plumbing' of legacy airline systems is still catching up. Information often remains trapped in catering databases or ground handling spreadsheets, preventing the predictive model from seeing the full picture in time to adjust the fuel load.

The 'Buffer' Waste and the Cost of Accuracy

There is a certain irony in the fact that the more we know about weight, the more we realize how much we have been overestimating it. A fascinating, if somewhat controversial, example of this emerged in early 2026 with the

'Ozempic effect' analysis. Financial analysts at Jefferies noted that as GLP-1 weight-loss drugs became more prevalent in certain markets, the actual average weight of passengers was beginning to decline. They estimated that a 10% drop in average passenger weight could reduce fuel costs by up to 1.5% for major carriers.

While an airline cannot control the weight of its passengers, it can control the accuracy of its assumptions. The 'buffer' was always a hedge against ignorance. If you don't know exactly how much the bags weigh, you assume they are heavy. If you don't know the exact wind speed at 35,000 feet, you carry extra fuel. But in the current regulatory environment, ignorance is becoming expensive.

Under the IFRS S climate-related disclosure standards, which became a global baseline in 2024 and 2025, airlines are now required to provide much more granular data on their emissions. This means that the 'extra ton' of fuel is no longer just a safety margin; it is a line item on a sustainability report that must be explained to investors. One might argue that the 'buffer' is effectively a tax on poor data governance.

Predictive Analytics as an ESG Lever

How does a predictive model actually function as an ESG tool? It works by narrowing the gap between the 'Planned' and the 'Actual.' When an airline uses machine learning to forecast demand, it isn't just looking at how many seats it can sell. It is looking at how to utilize every cubic centimeter of the aircraft's belly-hold with maximum efficiency.

As of April 2026, we have seen a rise in 'climb profile optimization' tools. For instance, ITA Airways recently implemented systems that use 4D weather data and predictive analytics to calculate the most efficient climb for every single flight. By adjusting the airspeed and altitude transitions based on

real-time conditions rather than standard operating procedures, they are on track to save over 7,000 tons of fuel across 2025 and 2026.

This is the essence of Intelligence in the Air. It is the move away from 'standard' toward 'specific.' The 'standard' climb is safe, but the 'specific' climb--calculated by an AI that knows the exact weight of the cargo, the current air temperature, and the specific engine health of that tail number--is both safe and sustainable.

The Human-Machine Loop

Despite the impressive numbers, we must acknowledge that these models are only as good as the trust people place in them. A dispatcher who has spent twenty years adding a 'safety buffer' to fuel loads will not suddenly stop because a black-box algorithm tells them to. We are currently in a phase where 'explainable AI' is becoming as important as the predictions themselves.

Successful airlines are those that treat predictive analytics not as a replacement for human judgment, but as a high-resolution map. The model might suggest that a flight to London only needs 42 tons of fuel instead of 44, but the final decision remains with the captain and the dispatcher. The difference in 2026 is that the captain now has access to the reasoning behind the suggestion: 'The model predicts a 92% chance of a tailwind shift and a 4% lower passenger show-up rate based on current transit strikes in the destination city.'

This transparency is crucial for the governance aspect of ESG. If an airline is to report its emissions accurately to the International Sustainability Standards Board (ISSB), it must have an auditable trail of why certain operational decisions were made. The data governance frameworks we discussed in earlier chapters provide the 'paper trail' for these digital

decisions.

Looking Ahead

As we conclude this look at planning, it is clear that the 'Intelligence in the Air' is really about the intelligence on the ground before the wheels ever leave the tarmac. The move from static to dynamic planning is the only way to squeeze the remaining 2% to 5% of inefficiency out of the system--inefficiency that fleet renewals alone cannot fix.

In the next chapter, we will take these optimized plans and see how they are executed in the cockpit. We will move from the predictive to the operational, looking at how real-time flight path adjustments and contrail avoidance models are turning these planning gains into actual, measurable carbon reductions. The logbook is no longer just a record of where we have been; with predictive analytics, it is a map of where we are going, and exactly how much it will cost the planet to get there.

The Catering Lifecycle: From Sourcing to Galley

The moment a passenger clicks down their tray table, they are engaging with one of the most complex, high-stakes logistical webs in the modern economy. To the traveler, it is merely a meal; to the airline, it is a data-intensive operation that bridges agricultural sourcing, heavy industrial production, and high-velocity transport. By early 2026, the global airline catering market has ballooned to an estimated value of over \$19 billion, serving billions of meals annually across a network that never sleeps. Yet, beneath this surface of efficiency lies a significant environmental challenge. The industry currently generates approximately 3. to 4 million tonnes of cabin and catering waste each year, a figure that continues to climb as passenger volumes rebound toward mid-decade peaks.

This chapter explores the catering lifecycle through the lens of Environmental, Social, and Governance (ESG) principles. We will trace the journey of a single meal from its raw material origins to the moment its

remains are cleared from the galley, identifying the points where data governance and international standards--such as IFRS S and ISO 20400--are beginning to transform a traditionally opaque supply chain into a transparent, measurable asset.

Sustainable Procurement and ISO 20400

The lifecycle begins far from the airport, in the fields and fisheries that supply the airline's global menu. Historically, catering procurement was driven almost exclusively by cost and food safety. However, the introduction of IFRS S (Climate-related Disclosures) in 2024 has forced a fundamental shift in how airlines view their suppliers. Under these standards, airlines are increasingly required to disclose Scope 3 emissions--those produced by their value chain. This means the carbon footprint of a chicken breast or a sprig of garnish is no longer the supplier's secret; it is the airline's reporting obligation.

To manage this, many leading carriers have begun adopting ISO 20400, the international standard for sustainable procurement. One might argue that this is where the "Data Governance" part of our book's title becomes most critical. Without standardized data from thousands of global food suppliers, an airline cannot accurately report its environmental impact. The challenge is immense: a single large carrier might serve 77 million meals a year, involving hundreds of different vendors across dozens of jurisdictions.

Sustainable sourcing is not just about carbon. It encompasses the social aspect of ESG as well. The European Union's Corporate Sustainability Due Diligence Directive (CSDDD), which is moving toward full implementation by mid-2026, requires companies to monitor their supply chains for human rights violations and environmental degradation. For an airline sourcing coffee from South America or seafood from Southeast Asia, this necessitates a robust digital audit trail. The "Logbook" is no longer a

physical ledger; it is a distributed database that tracks certifications and compliance markers from farm to flight.

The Engine Room: Catering Production Units (CPUs)

Once raw materials are sourced, they move into the Catering Production Unit (CPU). These massive facilities, often located on the periphery of major hubs, are the industrial heart of the catering lifecycle. A CPU is a study in thermal management. To comply with World Food Safety Guidelines (WFSG) and ISO 22000 standards, food must be kept within strict temperature ranges to prevent pathogen growth.

This "cold chain" is incredibly energy-intensive. Refrigerating thousands of square meters of production space, followed by the rapid blast-chilling of cooked meals, creates a significant stationary carbon footprint. In this context, the ESG focus shifts to facility efficiency. Some caterers have begun integrating renewable energy--such as solar arrays on the vast rooftops of CPUs--to offset this demand. However, the most significant inefficiency in the CPU often remains waste.

Industry data from early 2026 suggests that roughly 18% to 20% of all prepared airline meals are never actually consumed. This over-catering is often a result of poor data integration. If the catering team does not have real-time access to the final passenger manifest or hasn't accounted for historical "no-show" rates on specific routes, they default to loading the maximum possible quantity. This "just-in-case" logic is the antithesis of ESG-aligned operations. It creates a double penalty: the energy and water used to produce the unconsumed food are wasted, and the airline must then pay for the weight and disposal of the surplus.

The Arithmetic of the Onboard Menu

When the meal finally reaches the aircraft, it enters the most carbon-sensitive phase of its life: the flight itself. Every gram of weight added to an aircraft requires additional fuel to lift and transport. This is known as the "weight-fuel penalty." Research from investment analysts at Jefferies indicates that a 1% reduction in total aircraft weight can improve fuel efficiency by approximately 0.75%.

This arithmetic has sparked a quiet revolution in the galley. Airlines are re-evaluating everything from the thickness of plastic trays to the weight of the wine bottles. Perhaps the most interesting tension exists in the premium cabins. While a business-class passenger expects heavy porcelain and metal cutlery, these items carry a significantly higher carbon cost over their lifecycle than lightweight alternatives. Some carriers have experimented with "closed-loop" plastic systems, where high-quality, reusable plastic is used and then recycled back into the same supply chain, effectively bypassing the weight of traditional ceramic.

Furthermore, the carbon footprint of the menu itself is under scrutiny. The catering process alone can add between 0. and 1. kg of CO emissions per passenger on a long-haul flight, excluding the fuel burned to carry the food. Beef, for example, has a carbon footprint significantly higher than poultry or plant-based options. By 2025, several airlines had begun "carbon-labeling" their menus, allowing passengers to see the environmental impact of their choice. This is not just a marketing gimmick; it is an attempt to use "choice architecture" to shift demand toward lower-impact logistics.

Data Governance: Illuminating the "Black Hole"

For decades, once the aircraft doors closed, the catering operation entered what industry insiders called a "black hole" of information. Flight crews knew

what was served, but that data rarely made its way back to the procurement teams in a structured, actionable format. This lack of feedback meant that if 40% of passengers on a specific London-to-New York flight consistently rejected the vegetarian pasta, the caterer might keep loading it for months before the trend was manually identified.

In 2025, Airbus and Virgin Atlantic successfully trialed an AI-driven "Smart Catering" system designed to bridge this gap. The technology uses cameras mounted on catering trolleys to scan trays as they are returned to the galley. By automatically identifying which components of the meal were left untouched, the system creates a high-resolution map of consumption patterns.

This is data governance in its most practical form. When this "wastage data" is integrated with the airline's broader ESG reporting framework, it allows for "precision loading." If the data shows that passengers on night flights consume 30% less food than those on day flights, the airline can adjust its loading parameters accordingly. This reduces the weight of the aircraft, lowers fuel burn, and minimizes the volume of International Catering Waste (ICW) that must be processed upon landing.

The Circularity Challenge

The final stage of the lifecycle--disposal--is perhaps the most frustrating from an ESG perspective. Current international regulations regarding "International Catering Waste" (ICW) are extremely stringent. In many jurisdictions, any waste that has come into contact with animal by-products on an international flight must be incinerated or deeply buried in a landfill to prevent the spread of agricultural diseases.

This means that even if a plastic cup is technically recyclable, if it sits on a tray next to a half-eaten piece of chicken, it may be legally barred from the

recycling stream. Industry bodies like IATA have been advocating for "smarter regulation" that allows for the safe sterilization and recycling of cabin materials, but as of mid-2026, the regulatory landscape remains a patchwork of local rules.

The path forward for the airline catering lifecycle is one of radical transparency. As we transition to Chapter 8, we will look more closely at the physical management of this waste and how the circular economy is being built, one tray at a time, within the constraints of global aviation law. The "Logbook" of the future will not just record what was loaded, but will provide a granular, data-backed account of every calorie and every gram of carbon from the sourcing floor to the galley floor.

The Precision Gap: Forecasting and Over-Catering

The rhythmic clatter of plastic trays being stacked into a galley cart is one of the most familiar sounds of a descending aircraft. For the cabin crew, it signals the end of a service cycle. For the airline's sustainability officer, however, that sound often represents a significant data failure. As these carts are rolled back into the galleys, they frequently contain a hidden liability: dozens of untouched, foil-wrapped meals that were prepared, heated, and transported across oceans, only to be destined for an incinerator or a deep-pit landfill. This is the reality of the "precision gap," a persistent disconnect between what an airline predicts its passengers will consume and what is actually eaten.

In the context of modern ESG reporting, particularly under the rigorous lens of IFRS S, these unconsumed meals are no longer just an operational annoyance; they are a quantifiable environmental and financial drain. As of early 2026, the global airline industry produces approximately 3. million

tonnes of cabin and catering waste annually. Perhaps even more striking is that roughly 18% to 20% of this total consists of completely untouched food and beverages. When we consider that the industry is projected to reach 4 million tonnes of annual waste by the end of 2025, the urgency of closing this precision gap becomes clear.

The Psychology of the Service Buffer

To understand why over-catering persists, one must look beyond the logistics and into the psychology of airline brand management. For decades, the industry has operated under the shadow of the "service failure"--specifically, the moment a flight attendant has to inform a passenger in row 32 that the chicken is gone and only the pasta remains. To avoid the negative customer sentiment and potential loyalty loss associated with meal choice disappointment, airlines traditionally apply a "buffer."

This buffer is essentially a deliberate over-provisioning strategy. Typically, an airline might cater for 103% to 105% of the booked passenger load to account for last-minute upgrades, standby passengers, or simply to ensure that the final passengers served still have a choice. While this provides a safety net for the crew, it creates a systemic surplus. In a high-volume environment, a 5% surplus across a fleet of hundreds of daily flights translates into thousands of tons of wasted organic matter and packaging.

Moreover, the psychology of the buffer is reinforced by the lack of real-time feedback. Until very recently, once a galley cart left the catering unit, the airline had almost zero visibility into what happened to the food. Did the passengers in Economy love the beef but hate the vegetarian option? Was the breakfast tray too heavy for a 6: AM departure? Without granular data on consumption, catering managers have historically defaulted to historical averages, which are often blunt instruments that fail to account for the nuances of specific routes, seasons, or even the time of day. This reliance

on "gut feeling" and safe margins is perhaps the single greatest hurdle to achieving the precision required by modern ESG standards.

The Economic and Environmental Weight of Waste

From a financial perspective, the cost of over-catering is staggering. IATA estimates that untouched meals and associated cabin waste represent nearly \$6 billion in lost resources for the sector every year. This isn't just the cost of the ingredients; it's the cost of the labor to prepare the food, the energy to chill and then heat it, and the specialized logistics required to move it from a kitchen to a high-security airport environment.

However, the hidden cost lies in the physics of flight. Every kilogram of weight on an aircraft requires fuel to stay aloft. For a long-haul flight, the fuel burn associated with carrying unnecessary weight can be significant. If an airline consistently carries 50 kilograms of extra food and water that goes unconsumed on a 10-hour flight, the cumulative fuel burn and CO emissions over a year of daily operations are substantial. Under the IFRS S framework, which mandates the disclosure of Scope 3 emissions--those occurring in the value chain--airlines are increasingly pressured to account for the carbon footprint of their catering supply chains and the emissions generated by the disposal of organic waste.

Environmental costs are further exacerbated by the regulatory landscape surrounding International Catering Waste (ICW). In many jurisdictions, including the European Union, food waste from international flights is classified as high-risk "Category 1" waste due to concerns about the spread of animal diseases like Foot and Mouth Disease or Swine Fever. This classification means that even perfectly good, unopened sandwiches or fruit cups cannot be donated to local food banks or even composted in standard facilities. They must be incinerated or buried in deep-pit landfills, a process that is both expensive and environmentally damaging. Closing the precision

gap is therefore the only viable strategy for reducing this specific waste stream at the source.

The Data Silo Problem: Booking vs. Catering

If the solution is simply to "cater better," why hasn't the industry solved this yet? The answer lies in the fragmentation of airline data governance. In many legacy carriers, the passenger booking system (the Passenger Name Record or PNR data) and the catering management system exist in separate technological silos.

A typical catering cycle begins 24 to 48 hours before departure. The airline sends a "galley load" message to the caterer based on the current booking numbers. However, passengers are dynamic. People cancel, miss connections, or get upgraded at the gate. By the time the final passenger manifest is settled, the catering truck has often already left the facility. The catering unit is essentially working with a snapshot of data that is already obsolete by the time the plane pushes back from the gate.

Furthermore, the integration of dietary requirements adds another layer of complexity. If 20 passengers order a special "low-sodium" or "vegan" meal but then fail to show up, those highly specific (and often more expensive) meals are almost guaranteed to be wasted, as they cannot be offered as a substitute for the standard menu. The lack of a real-time, bi-directional data flow between the Global Distribution Systems (GDS) and the catering providers means that the kitchen is always one step behind the gate.

Closing the Gap: AI and Pre-Ordering

As we move through 2026, we are seeing the first real cracks in these data silos. Forward-thinking airlines are beginning to treat catering not as a fixed service, but as a dynamic, data-driven operation. One of the most effective tools in this shift is the expansion of pre-ordering systems. By allowing (or

incentivizing) passengers to select their meals via an app days before the flight, airlines can move from "forecasting" to "fulfillment."

United Airlines, for instance, expanded its economy meal pre-ordering system in 2025 for flights over 1,100 miles, allowing passengers to secure their choice up to 24 hours before departure. This doesn't just improve the passenger experience; it provides the catering unit with a definitive list of what will actually be consumed, drastically reducing the need for that 5% service buffer. When a passenger pre-selects their meal, the airline can load precisely what is needed, plus a much smaller margin for the few who didn't pre-order.

Artificial Intelligence is also playing a role. Lufthansa has pioneered the use of "Tray Tracker" technology, which uses AI-powered cameras to scan returned meal trays. By analyzing what is left on the plate--literally--the airline can identify patterns. If the salad is consistently left untouched on flights to Tokyo but eaten on flights to New York, the catering team can adjust the menu for that specific route. Similarly, Airbus and Virgin Atlantic trialed a "Smart Catering" AI solution in 2025 that uses real-time inventory tracking to provide a clear picture of onboard consumption, potentially yielding double-digit reductions in preventable waste.

The ESG Integration

Ultimately, closing the precision gap is a masterclass in ESG data governance. It requires the integration of IFRS financial reporting (the cost of waste), ISO 14001 environmental management (the disposal of waste), and real-time operational data (the booking and catering systems). When these data points are unified, the "Precision Gap" begins to shrink.

It seems, perhaps, that the era of the "blind buffer" is coming to an end. As airlines face stricter reporting requirements and rising fuel costs, the ability

to predict exactly how many chickens and how many pastas are needed for Flight 402 is becoming a competitive advantage. It is a shift from a culture of "more is safer" to "precise is sustainable." This transition is not without its friction--Gartner recently noted that many AI projects in aviation fail due to poor data quality and integration challenges--but the potential rewards for both the planet and the bottom line are too significant to ignore.

As we look toward the next chapter, we must consider how this newfound catering precision fits into the broader framework of airline data governance. If we can solve the problem of the untouched meal tray, what other operational inefficiencies can be dismantled through the better use of real-time data? In Chapter 9, we will explore the governance structures required to manage these complex data flows across the entire airline ecosystem.

Passenger Behavior and Cultural Nuances in Consumption

The tray table on a long-haul flight is a remarkably small stage for such a complex drama. To the passenger, it is a surface for a plastic-wrapped meal and a glass of water. To the airline's ESG officer, however, that same tray is a data point in a massive, global struggle with waste management and Scope 3 emissions. Every unpeeled yogurt, every half-eaten roll, and every untouched main course represents a failure of predictive modeling and a missed opportunity for carbon reduction. Understanding the 'why' behind these untouched items requires moving beyond simple inventory tracking and into the messy, often contradictory world of human behavior and cultural heritage.

For years, the aviation industry treated onboard catering as a logistical problem of mass production. The goal was consistency: ensuring that every passenger in Economy received a uniform experience. But as the industry aligns itself with IFRS S climate-related disclosures, the focus has shifted

toward the granular. Airlines are now beginning to realize that a passenger flying from London to New York has fundamentally different consumption triggers than one flying from Dubai to Mumbai, even if they are both sitting in the same seat model. Waste is no longer just a cost of doing business; it is a reporting liability.

The Data Layer: From Averages to Individuals

Historically, catering departments relied on 'load factors' and 'historical uplift' data. If a route typically saw 15% of passengers choosing the vegetarian option, the airline loaded 20% to be safe. This 'buffer' is a primary driver of cabin waste. International Air Transport Association (IATA) data from early 2025 suggested that the industry was still generating approximately 6. million tonnes of cabin waste annually, much of it untouched food and drink. The challenge for data governance, a core theme of this book, is how to bridge the gap between catering software and passenger profiles without violating privacy regulations.

We are seeing a move toward 'predictive consumption' models. These models use machine learning to analyze not just what was ordered, but what was actually eaten. Some airlines have experimented with AI-equipped cameras in the galley or at waste processing centers to scan returned trays. This data reveals surprising patterns. For instance, data might show that on morning flights under three hours, passengers are 40% less likely to finish a heavy protein-based breakfast compared to a fruit-based one. By integrating this into the airline's data governance framework, the catering team can adjust 'uplift' quantities in real-time, significantly reducing the mass of organic waste that must be incinerated--a requirement in many jurisdictions due to international catering waste (ICW) regulations.

Cultural Nuances and the Psychology of the Plate

Perhaps the most overlooked variable in the ESG equation is the cultural background of the passenger. Consumption is not a purely rational act; it is deeply rooted in social norms. In some cultures, leaving food on a plate is a sign of wealth or a signal to the host that the portion was more than sufficient--a gesture of 'Karam' (generosity/hospitality) where the guest honors the host by being fully satiated. Conversely, in other cultures, such as Japan, the concept of 'Mottainai' (a sense of regret concerning waste) encourages individuals to finish every grain of rice to show respect for the resources and effort involved.

When an airline operates a multicultural hub, these nuances collide. A flight departing from a Mediterranean hub might see high consumption of fresh components but high waste of processed snacks, while a flight from a Nordic hub might show the opposite. Furthermore, the 'anxiety of the cabin' plays a role. Psychology suggests that in high-stress environments--like a pressurized tube at 35,000 feet--passengers often revert to 'comfort consumption.' They may order a meal they have no intention of finishing simply because the act of receiving it provides a sense of security and routine in an unfamiliar environment.

It is also worth noting the 'choice paradox' in the cabin. When presented with two options, passengers often choose the one they perceive as having a higher 'value,' such as beef over pasta, even if they aren't particularly hungry for it. This leads to higher waste of resource-intensive proteins. Addressing this requires a delicate balance; an airline cannot simply dictate what a passenger eats without risking a decline in customer satisfaction scores, which are often tied to executive bonuses and brand equity.

Nudging Toward Sustainability

If we cannot dictate behavior, we must 'nudge' it. Behavioral economics, popularized by Richard Thaler and Cass Sunstein, offers a toolkit for airlines looking to meet their ISO 14001 environmental management targets. The most effective nudge implemented by several carriers by 2026 is the 'pre-selection' model. By encouraging passengers to choose their meal 48 hours in advance through an app, airlines reduce the need for 'buffer' meals. Some low-cost carriers have taken this a step further, offering 'opt-out' incentives where passengers can trade their meal for extra loyalty points or a small carbon offset credit.

One might argue that the most powerful nudge is transparency. In the first quarter of 2026, a few pioneering airlines began displaying the carbon footprint of each meal choice on the digital seatback menu. When a passenger sees that the lamb curry has a significantly higher CO equivalent (CO₂e) than the lentil dahl, a subset of 'conscious travelers' will switch. This isn't just about the environment; it's about data. Every time a passenger makes a 'low-carbon' choice, it creates a cleaner data set for future procurement.

However, nudging has its limits. There is a fine line between encouragement and what some might perceive as 'service degradation.' If a passenger feels they are being 'guilted' into not eating, the brand suffers. Therefore, the most successful strategies are those that feel like an upgrade. For example, 'dine-on-demand' services in premium cabins actually reduce waste because food is only prepared when the passenger is genuinely hungry, rather than at a fixed time when they might still be full from the lounge. The challenge for the industry is how to scale this 'on-demand' philosophy to the 250 people in the back of the aircraft.

Demographic Shifts and the 'Green' Passenger

Demographics play a significant role in how consumption data is interpreted. Generation Z and Millennial travelers, according to market research from late 2025, are 30% more likely than older demographics to prioritize ESG factors when booking a flight. These passengers are also more likely to follow specialized diets--vegan, gluten-free, or keto--which, if managed correctly through good data governance, are actually easier to predict and fulfill than 'standard' meals.

There is also the 'business vs. leisure' divide. Business travelers, particularly those on frequent short-haul routes, are increasingly opting out of food altogether, preferring to maximize sleep or work time. For these passengers, the 'default' meal is almost 100% waste. Airlines that have moved to a 'buy-on-board' or 'pre-order only' model for short-haul flights have seen their cabin waste drop by as much as 50%, though this move is often criticized by traditionalists as a 'race to the bottom.'

From an ESG reporting perspective, this demographic shift is a goldmine. Under the IFRS S framework, companies must disclose how they are managing climate-related risks. A high volume of food waste is a physical risk (in terms of disposal costs) and a reputational risk. By demonstrating a data-driven approach to passenger behavior, airlines can show investors that they are actively mitigating these risks through sophisticated 'choice architecture' and cultural intelligence.

The Intersection of Regulation and Behavior

We cannot discuss consumption without mentioning the regulatory 'stick.' Many countries have introduced strict bans on single-use plastics (SUPs). While this is a positive step for the environment, it has had an unintended consequence on passenger behavior. Some passengers, frustrated by the

perceived lower quality of wooden cutlery or paper straws, have begun bringing their own snacks and meals on board. This creates a 'shadow waste' stream that the airline must still dispose of, but which they have no data on.

This lack of visibility is a major hurdle for ISO 14001 certification, which requires a comprehensive understanding of all environmental aspects of an operation. If a passenger brings a plastic-heavy meal from the airport terminal onto the plane, the airline is still responsible for the waste at the destination, but they didn't have the opportunity to optimize it. This highlights the need for 'ecosystem data governance'--sharing data between airport retailers and airlines to track the full lifecycle of products sold at the gate.

As we look toward the future of sustainable aviation, it is clear that the 'human element' is the most volatile variable in the equation. An airline can have the most efficient engines and the most advanced carbon capture offsets, but if it continues to fly millions of tonnes of unconsumed food around the world, its ESG credentials will remain under scrutiny. The transition from 'feeding the cabin' to 'nourishing the passenger' is not just a culinary shift; it is a data-driven evolution that requires a deep respect for the cultural and psychological forces that govern why we eat what we eat. This understanding sets the stage for the next phase of the ESG journey: the circular economy and the repurposing of the waste that we cannot, despite our best nudges, eliminate.

Closing the Loop: Post-Flight Waste and Circularity

The transition from the cabin to the tarmac is a moment of high operational intensity. As passengers disembark and the cleaning crew rushes in, a quiet but significant transfer of material occurs. Trash bags are hauled out, catering carts are rolled off, and the physical remnants of the flight--the half-eaten meals, the plastic wrappers, and the discarded newspapers--disappear into the bowels of the airport. For many airlines, this is the exact point where visibility ends. Once the waste leaves the aircraft, it enters a logistical and regulatory black box that often defies the circularity goals outlined in their ESG reports.

Perhaps the most striking aspect of this challenge is the sheer volume of material involved. According to audits conducted by the Aviation Sustainability Forum (ASF) and the International Air Transport Association (IATA), the global airline industry generated approximately 4. million tonnes of cabin waste in 2025. On average, a single passenger produces roughly 0.

kilograms of waste per flight, a figure that jumps to 1. kilograms on long-haul journeys where multiple meal services are the norm. While these numbers represent a slight reduction from a decade ago, the absolute volume continues to rise alongside passenger growth, creating a mountain of material that remains stubbornly resistant to traditional recycling methods.

The Regulatory Fortress: International Catering Waste

The primary hurdle to achieving a circular economy in the cabin is not a lack of will, but a web of biosecurity regulations designed to protect national agricultural sectors. In many jurisdictions, any waste generated on an international flight is classified as International Catering Waste (ICW). In the European Union, under Regulation (EC) No 1069/2009, this material is designated as Category 1 waste--the highest risk category. This classification stems from fears that animal-borne diseases, such as Foot and Mouth Disease or Swine Fever, could be introduced through discarded food products.

The implications for circularity are severe. Category 1 waste generally cannot be composted, recycled, or even sent to standard landfills. Instead, it must be incinerated or buried in deep, authorized landfills after pressure sterilization. One might argue that this creates a fundamental paradox: an airline can serve a meal in a technically recyclable container, but the moment a drop of milk or a scrap of meat touches that container, the entire tray becomes biohazardous waste that must be destroyed. As of early 2026, while the European Commission has provided some clarifications allowing for the recycling of items that have not come into contact with food, the practical implementation remains inconsistent across member states.

This regulatory environment often forces a "lowest common denominator" approach. Because segregating "safe" recyclables from "high-risk" ICW is

labor-intensive and requires significant space in the galley, many airports and ground handlers find it more efficient to treat the entire waste stream as Category 1. The result is that even the most well-intentioned onboard sorting programs often end with all bags being thrown into the same high-temperature incinerator once they reach the ground.

The Logistical Bottleneck at the Gate

Even if regulations were to be harmonized tomorrow, the physical infrastructure of most airports is ill-equipped for circular waste management. Most terminals were designed for speed and security, not for the complex sorting of twenty different types of post-flight materials. At major hubs, the turnaround time for a narrow-body aircraft can be as little as 30 to 45 minutes. In this window, the cleaning crew must remove all waste and prepare the cabin for the next flight. Expecting these crews to perform detailed waste segregation is often unrealistic.

Furthermore, the "mystery" of post-flight waste is exacerbated by the fragmented nature of the supply chain. Airlines do not typically manage their own waste; they contract it out to ground handlers, who in turn work with waste management firms. Data flow between these entities is notoriously poor. IATA has noted that a lack of reliable data makes it nearly impossible for airlines to quantify the true cost of their waste or to track the success of diversion initiatives. Without a unified data governance framework, the "circularity" mentioned in an airline's sustainability report is often based on estimates and pilot programs rather than actual, verified waste streams.

Some airports are attempting to bridge this gap. Singapore's Changi Airport, for instance, served as a testing ground for a new standardized cabin waste audit methodology in late 2024 and early 2025. By analyzing the waste from 25 inbound flights, researchers were able to identify that roughly 65% of cabin waste is comprised of food and beverages, with 18% being

completely untouched meals. Such granular data is the first step toward building the business case for airport-based sorting facilities that can handle the specific needs of the aviation sector.

Design for Circularity: The Service Ware Dilemma

If the end-of-life treatment is broken, the industry is increasingly looking to the beginning of the life cycle: the design of cabin service ware. The goal is to create products that are either "rotables" (reusable) or truly compostable, though each path brings its own ESG trade-offs.

Switching to reusable trays, glass, and heavy-duty plastic cutlery seems like the obvious choice for circularity. However, this introduces a conflict with carbon emission targets. Reusable items are significantly heavier than their single-use counterparts. On a long-haul flight, the added weight of a full set of rotables can increase fuel consumption--and thus Scope 1 emissions--by a measurable margin. For an industry focused on Net Zero 2050, every kilogram counts. This has led to a surge in material science innovation, with companies developing lightweight, durable composites that can withstand hundreds of industrial wash cycles without the weight penalty of traditional ceramics.

On the other hand, the shift toward compostable materials, such as bamboo cutlery or seaweed-based packaging, faces the same regulatory wall as food waste. If a bamboo fork is used to eat a meal on a flight from New York to London, it is technically Category 1 waste. Unless the arrival airport has an authorized high-temperature composting facility capable of handling biohazardous materials, that compostable fork will likely end up in an incinerator anyway. In this sense, designing for circularity in 2026 requires more than just choosing the right material; it requires a systemic understanding of where that material will land.

Data Governance and IFRS Reporting

The move toward mandatory sustainability disclosures, particularly under IFRS S, is forcing a reckoning with these invisible waste streams. While IFRS S primarily focuses on climate-related risks, it requires companies to disclose Scope 3 emissions, which include the end-of-life treatment of sold products and the waste generated in operations. For an airline, this means the "mystery" of what happens after landing must be solved.

To meet these reporting standards, airlines are beginning to integrate waste data into their broader ESG logbooks. This involves moving beyond simple weight-based metrics and toward a more sophisticated model that tracks material types, contamination rates, and final disposal methods. It seems that the industry is moving toward a "Product-as-a-Service" model for cabin interiors and service ware, where suppliers retain ownership of the materials and are responsible for their recovery and recycling. This shift would align the incentives of the supplier with the circularity goals of the airline, but it requires a level of data transparency that the industry is only beginning to develop.

As the industry moves toward 2030, the focus is shifting from simple plastic bans to a more nuanced approach. The EU's upcoming requirement that all packaging be recyclable by 2030 is already influencing cabin design, but without "smarter" regulation that acknowledges the actual (rather than perceived) risk of catering waste, the loop will remain open. The mystery of the post-flight trash bag is not just a logistical puzzle; it is a fundamental test of whether the aviation industry can truly integrate into the circular economy or if it will remain an island of linear consumption in a world moving toward sustainability.

In the next chapter, we will examine how these cabin-level challenges scale up to the level of the aircraft itself, focusing on the decommissioning and

recycling of the airframe and engines.

Standardizing Excellence: ISO 14001 and 50001

The aviation industry often operates on the edge of the spectacular. A 400-tonne aircraft lifting off into a headwind is a feat of engineering, yet the quiet, administrative machinery that keeps that aircraft compliant, safe, and efficient is perhaps equally impressive. As of early May 2026, the industry has reached a pivotal moment in this administrative evolution. Just two weeks ago, on April 15, 2026, the International Organization for Standardization released the updated ISO 14001:2026 standard. For sustainability officers across the globe, this isn't just a document update; it is a signal that the 'wait and see' period for environmental management is over. This new iteration places an explicit emphasis on climate resilience and biodiversity, forcing airlines to look beyond their carbon footprint and into the very ecosystems they traverse.

While high-level frameworks like IFRS S provide the reporting requirements, ISO standards act as the operational manual. They are the 'how' to the

'what.' In this chapter, we explore how two specific frameworks--ISO 14001 for environmental management and ISO 50001 for energy management--are being utilized to standardize excellence in a sector that has historically struggled with fragmented data and regional regulatory inconsistencies.

The New ISO 14001:2026 and the Cabin Waste Conundrum

The release of ISO 14001:2026 has introduced a 36-month transition period for organizations currently holding 2015 certifications. For an airline, the 'context of the organization'--a key clause in the standard--has expanded significantly. It now requires a lifecycle perspective that begins long before a passenger boards and ends long after they deplane. Nowhere is this more apparent than in the management of cabin waste.

Recent data from 2024 and 2025 audits conducted by the International Air Transport Association (IATA) and the Aviation Sustainability Forum (ASF) reveals a staggering reality: the global aviation sector generates approximately 3. million tonnes of cabin and catering waste annually. To put this in perspective, that is roughly the weight of the world's heaviest buildings. The audit of 25 inbound flights to Singapore Changi Airport found an average of 0. kilograms of waste per passenger. While this represents a 15% reduction from a decade ago, the complexity of managing this waste is intensified by International Catering Waste (ICW) regulations.

ICW regulations, particularly in the European Union and the United Kingdom, often classify any waste that has come into contact with animal by-products as high-risk 'Category 1' waste. This means that even if a plastic bottle is technically recyclable, if it shared a trolley with a milk sachet, it must often be incinerated or sent to deep landfill. ISO 14001 provides the structural backbone to navigate these contradictions. By establishing a rigorous 'Aspects and Impacts' registry, airlines like Lufthansa--which has

long utilized the Eco-Management and Audit Scheme (EMAS) alongside ISO 14001--can map out exactly where cross-contamination occurs. It turns a chaotic logistical problem into a data-driven process of 'Plan-Do-Check-Act.'

Powering the Ground Game: ISO 50001

While jet fuel dominates the conversation around aviation emissions, the energy consumed on the ground is far from negligible. This is where ISO 50001, the Energy Management System (EnMS) standard, proves its worth. Unlike 14001, which looks at the broad environmental impact, 50001 is a surgical tool for energy performance. It is about the hangars, the offices, and the Ground Support Equipment (GSE).

Airlines are increasingly following the lead of major hubs and maintenance centers. For instance, the Oklahoma City Air Logistics Complex (OC-ALC) at Tinker Air Force Base, a massive MRO (Maintenance, Repair, and Overhaul) facility, achieved a 35% improvement in energy performance over eight years through ISO 50001 implementation, saving over \$8 million annually. In the commercial sector, STARLUX Airlines recently earned its ISO 50001 certification in May 2025, marking a significant commitment to optimizing energy planning across its growing fleet operations.

The beauty of ISO 50001 lies in its focus on 'Energy Baselines' and 'Energy Performance Indicators' (EnPIs). For an airline, this might mean tracking the kilowatt-hours required to maintain a specific temperature in a wide-body hangar or the efficiency of electric tugs versus diesel models. It replaces the 'project-by-project' approach with a systemic culture. When energy prices fluctuate--as they have significantly in the early 2020s--having a certified EnMS provides a level of financial resilience that ad-hoc measures simply cannot match. On average, companies implementing ISO 50001 see energy savings of 10% to 30% within the first two years.

The Continuous Improvement Cycle

The core of both ISO 14001 and 50001 is the Plan-Do-Check-Act (PDCA) cycle. It seems simple, perhaps even elementary, yet its consistent application is what separates 'greenwashing' from 'green excellence.'

1. Plan: In the context of an airline's ESG strategy, this involves setting SMART (Specific, Measurable, Achievable, Relevant, Time-bound) targets. For example, a goal to reduce single-use plastics by 40% by 2028.
2. Do: This is the implementation phase. It might involve switching to bamboo cutlery or installing LED lighting in maintenance bays.
3. Check: This is where many organizations falter. It requires internal audits and data verification. Is the waste actually being segregated? Are the energy savings in the hangar matching the projections?
4. Act: Based on the 'Check' phase, the airline must take corrective action. If segregation is failing because the cabin crew's turnaround time is too short, the process must be redesigned.

This cycle creates a feedback loop that feeds directly into the data governance structures discussed in earlier chapters. When an auditor looks at an airline's IFRS S disclosures, they aren't just looking for the final carbon number; they are looking for the evidence of a system that can reliably produce that number. ISO certifications provide that evidence. They offer a third-party 'seal of approval' that the data being reported is the result of a controlled, repeatable process.

Bridging the Gap to Disclosure

one might argue that the paperwork required for ISO certification is burdensome. Indeed, the administrative load for a multi-site airline can be immense. However, the cost of not standardizing is often higher. In the absence of a framework like ISO 14001, an airline might find itself chasing dozens of different regional waste regulations without a unified strategy. This leads to 'compliance leakage,' where a carrier is sustainable in its home hub but fails to maintain those standards at an outstation.

The 2026 update to ISO 14001 specifically addresses this by requiring stronger alignment with corporate strategy and ESG goals. It is no longer enough for the environmental manager to work in a silo; the leadership team (Clause 5) must demonstrate accountability. This shift mirrors the governance requirements of the IFRS S standard, creating a harmonious link between the engine room of the airline and the boardroom where the annual report is signed.

As we look toward the future of aviation data governance, the role of these 'invisible' standards will only grow. They provide the vocabulary for the industry to talk to itself. Whether it is a ground handler in Dubai or a caterer in London, if they are both operating within an ISO-certified system, the data flows more smoothly, the risks are better understood, and the path to net-zero becomes a series of manageable steps rather than a leap into the dark. In the next chapter, we will take these standardized processes and see how they are synthesized into the final, public-facing ESG report.

Transparent Horizons: IFRS S1 and S2 Disclosures

The transition from fragmented sustainability reporting to a unified global language was never going to be a simple flight path. For decades, the aviation industry navigated a turbulent sky of voluntary frameworks, varying from the Global Reporting Initiative (GRI) to the Task Force on Climate-related Financial Disclosures (TCFD). However, as of early 2026, the horizon has cleared into a singular, mandatory standard. The arrival of IFRS S and S has fundamentally shifted the focus from 'green storytelling' to 'financial-grade disclosure.' These standards, issued by the International Sustainability Standards Board (ISSB), now serve as the global baseline, adopted or mirrored by over 28 jurisdictions as of April 2026.

For airline executives and data governors, this is not merely a change in formatting. It represents a paradigm shift in how an airline's value is calculated. The core philosophy of IFRS S and S is 'financial materiality.' It asks a simple but demanding question: which sustainability risks and

opportunities could reasonably be expected to affect the entity's cash flows, its access to finance, or its cost of capital over the short, medium, or long term? In the context of an airline, this moves the conversation away from general environmental stewardship toward the specific, quantifiable impact of carbon pricing, fleet transition costs, and climate-induced operational disruptions.

IFRS S: The Foundation of General Requirements

IFRS S, titled General Requirements for Disclosure of Sustainability-related Financial Information, serves as the architectural blueprint for all sustainability reporting. It does not prescribe a specific list of topics but rather establishes a structure--often referred to as the 'four pillars'--borrowed and refined from the TCFD framework: Governance, Strategy, Risk Management, and Metrics and Targets.

In the cockpit of an airline's reporting department, S requires a rigorous look at how sustainability is managed at the board level. It is no longer sufficient to state that a board 'oversees' ESG. Under S, a company must disclose the specific skills and competencies the board possesses to oversee these risks, how often these topics are discussed, and how sustainability targets are integrated into executive compensation. Perhaps more importantly, S mandates 'connectivity.' This means that the sustainability disclosures must be published at the same time as the financial statements, and the data within them must be consistent. If an airline claims in its sustainability report that it will retire its fleet of older, less efficient aircraft by 2030, the financial statements must reflect the corresponding depreciation schedules and impairment assessments.

One might argue that the most challenging aspect of S is the 'materiality' assessment. Unlike other frameworks that look at 'impact' on the world (double materiality), IFRS S focuses on 'enterprise value.' For an airline, a

material risk might be the looming expiration of free carbon allowances in the European Union Emissions Trading System (EU ETS) or the physical risk of increased extreme weather events at a primary hub. If a risk could sway an investor's decision, it must be disclosed.

IFRS S: Navigating Climate-Related Disclosures

While S provides the structure, IFRS S, Climate-related Disclosures, provides the specific requirements for the most pressing issue in aviation: the climate crisis. As of 2026, many airlines have moved past the 'climate-first' relief period--a transitional allowance that let firms focus solely on climate in their first year of IFRS reporting--and are now grappling with the full weight of S2's prescriptive demands.

For the aviation sector, the metrics and targets pillar of S is particularly dense. It requires the disclosure of absolute gross greenhouse gas (GHG) emissions, categorized into Scope 1, 2, and 3. In aviation, Scope 1 (direct emissions from jet fuel combustion) is the primary driver. However, the requirement to disclose Scope 3 emissions--specifically 'Category 3: Fuel- and energy-related activities'--has become a focal point of 2026 reporting cycles. This includes the upstream emissions from the production and transport of jet fuel, a metric that is increasingly vital as airlines transition to Sustainable Aviation Fuel (SAF).

Beyond general emissions, IFRS S incorporates industry-specific metrics derived from the Sustainability Accounting Standards Board (SASB). For airlines, this includes data points such as 'Available Seat Kilometers' (ASK), fuel efficiency (measured by fuel consumed per ASK), and the percentage of the fleet that meets the latest ICAO noise and emissions standards. This level of granularity ensures that investors can compare the efficiency of a legacy carrier with a low-cost carrier on a level playing field.

Scenario Analysis and the 1.5 degreesC Pathway

Perhaps the most intellectually demanding requirement of IFRS S is 'climate resilience' testing through scenario analysis. Airlines are now required to explain how their business model would fare under different climate futures. This is not a prediction exercise, but a 'what-if' analysis. Typically, this involves at least two scenarios: one where global warming is limited to 1.5 degreesC (the 'transition' scenario) and one where it exceeds 2 degreesC or 3 degreesC (the 'physical risk' scenario).

In a 1.5 degreesC scenario, the primary risks are transition-related. An airline might model a future where carbon prices reach \$150 per ton, SAF mandates require a 10% blend by 2030, and 'frequent flyer' levies dampen passenger demand. The disclosure must detail the financial impact of these variables: how would they affect profit margins? Would the airline need to accelerate its capital expenditure for new-generation aircraft like the Airbus A321neo or Boeing 737 MAX?

Conversely, the physical risk scenario looks at the operational reality of a warming world. For a hub-and-spoke carrier, this might involve modeling the frequency of 'ground stops' due to extreme heat (which affects aircraft lift) or the increased cost of insurance for coastal airports vulnerable to sea-level rise. By 2026, sophisticated airlines are using digital twins and advanced meteorological data to quantify these risks, moving away from qualitative 'it might happen' statements to quantitative 'the estimated impact on annual EBITDA is X' disclosures.

Carbon Pricing and Financial Impacts

The financial reality of carbon is no longer a future theoretical; it is a current line item. As of January 1, 2026, regions like Thailand have even introduced transparent carbon surcharges on international airfares to help carriers

offset the costs of SAF and CORSIA (Carbon Offsetting and Reduction Scheme for International Aviation) compliance.

IFRS S requires airlines to be transparent about how they use internal carbon pricing to guide investment decisions. If an airline is deciding whether to purchase a new fleet or retro-fit existing engines, it must disclose the 'shadow price' of carbon it uses in its internal rate of return (IRR) calculations. Furthermore, the standard requires a breakdown of 'anticipated' financial effects. This means an airline must disclose how much it expects to spend on carbon credits and SAF 'green premiums' over the next five to ten years. Recent estimates suggest that global annual compliance costs for the industry could reach \$48 billion by 2035, a nearly four-fold increase from 2026 levels. Under IFRS S, hiding these looming costs is no longer an option; they must be front and center in the risk management and strategy disclosures.

Data Governance: The Invisible Engine

Throughout this book, we have emphasized that ESG is a data problem. IFRS S and S make this reality unavoidable. Because these disclosures are now part of the 'general purpose financial report,' they are subject to the same level of scrutiny as the balance sheet. In many jurisdictions, this includes a move toward mandatory limited assurance, with reasonable assurance (the same level as financial audits) on the horizon.

For an airline, this means the data flow from a fuel sensor on a Boeing 787 to the final ESG report must be auditable. Every 'Revenue Passenger Kilometer' (RPK) and every gallon of SAF uplifted must have a clear data lineage. One might find that the biggest hurdle to IFRS compliance is not the climate science itself, but the 'data silos' within the airline. The sustainability team, the fuel procurement team, and the finance team must operate on a single version of the truth. This is why 'Data Governance,' the

focus of our earlier chapters, is the prerequisite for 'Transparent Horizons.'

Conclusion

The implementation of IFRS S and S marks the end of the era of 'voluntary' ESG. For the airline industry, it provides a rigorous, if demanding, framework to communicate its transition journey. By 2026, the market is no longer satisfied with promises of 'Net Zero by 2050.' Investors want to see the 2026 data, the 2030 scenario analysis, and the specific financial impact of carbon pricing on next year's dividends. As we move into the final chapters of this logbook, we will explore how these disclosures are being operationalized and what the future holds for the next generation of airline reporting. The horizon is indeed transparent, but for those unprepared for the clarity, it may also be unforgiving.

The Integrity of Information: Data Governance and Assurance

The transition from voluntary sustainability disclosures to mandatory, high-stakes regulatory filings has fundamentally rewritten the rules for airline data management. For years, environmental, social, and governance (ESG) reporting was often viewed as a function of the communications department--a place for polished narratives and ambitious targets. However, as of early 2026, that era has definitively ended. With the global adoption of IFRS S and S across nearly forty jurisdictions and the practical implementation of the Corporate Sustainability Reporting Directive (CSRD) in Europe, ESG data is now treated with the same forensic gravity as financial data .

In the cockpit of an airline's sustainability strategy, the most pressing concern is no longer just the "what" of the data, but the "how." How was a specific metric calculated? Where did the raw numbers originate? Can the process be repeated with identical results by an external auditor? This

chapter explores the infrastructure of trust: the data governance and assurance mechanisms that ensure an airline's ESG disclosures are not just compliant, but bulletproof.

Establishing Data Lineage: From Sensor to Statement

One might argue that the greatest challenge in airline ESG reporting is the sheer fragmentation of the data source landscape. To report Scope 1 emissions accurately, a sustainability team must pull data from the Aircraft Communications Addressing and Reporting System (ACARS), fuel procurement logs, and flight management systems (FMS). This journey--from the physical sensor on a GE engine to the final line item in a sustainability report--is what we define as data lineage.

By May 2026, the industry has realized that manual data entry and spreadsheet-based tracking are no longer viable. The "administrative load" associated with tracking Sustainable Aviation Fuel (SAF) alone has become a full-scale operational ecosystem . Under new mandates like the EU's ReFuelEU Aviation and various national SAF targets, airlines must provide end-to-end, auditable evidence of fuel origin, sustainability certificates, and actual blend ratios at the wing-tip. Without a digitized lineage, the risk of "greenwashing" through double-counting or inaccurate conversion factors becomes a legal liability.

Perhaps the most daunting task for a Chief Data Officer is the reconciliation of "alternative data." In 2024, the Committee of Sponsoring Organizations of the Treadway Commission (COSO) released updated guidance on managing nontraditional data sources, such as satellite imagery for monitoring contrail formation or smart sensor feeds for real-time fuel efficiency . While these technologies offer high-fidelity insights, they often lack the established control environments of traditional financial systems. Establishing lineage means documenting every transformation the data

undergoes--every time it is filtered, aggregated, or adjusted for temperature and pressure--so that an auditor can re-trace the steps months later.

Internal Controls and Audit Readiness

The gold standard for establishing this integrity is the application of the COSO Internal Control--Integrated Framework to sustainability reporting. Known increasingly as Internal Control over Sustainability Reporting (ICSR), this approach mirrors the rigor of the Sarbanes-Oxley (SOX) Act requirements . For airlines, this means moving beyond simple data collection to a structured environment of "defense in depth."

Effective ICSR begins with the control environment. It is no longer sufficient for the sustainability office to work in a silo. By 2026, leading airlines have integrated ESG oversight into their existing financial audit committees. This ensures that the same segregation of duties--where the person who collects the fuel data is not the same person who approves the emissions calculation--is applied to non-financial metrics [1.2, 1.15].

Consider the complexity of reporting passenger-related social metrics, such as labor practices across a global network of ground handlers. Ensuring that this data is accurate requires robust "information and communication" controls. If a regional hub in Southeast Asia uses a different methodology for calculating employee turnover than the corporate headquarters in London, the consolidated report is inherently flawed. Audit readiness, therefore, is the state of being "always on." It involves maintaining a centralized evidence locker where every figure in the ESG report is linked to its supporting documentation--utility bills for ground operations, vendor invoices for SAF, and HR records for diversity metrics.

In 2025 and early 2026, many airlines have faced the reality of "limited assurance" requirements under California's SB 253 and the first waves of

CSRD [1, 1.6]. While limited assurance is often described as "negative assurance"--where the auditor simply states they found nothing to suggest the report is wrong--it still requires a level of process documentation that many organizations were unprepared for. The shift toward "reasonable assurance," which demands a positive statement of accuracy similar to a financial audit, is already on the horizon for 2030, but the groundwork must be laid today [1.1, 1.6].

The Role of Third-Party Assurance in ESG

External assurance serves as the ultimate validation of an airline's data integrity. As of May 2026, the landscape of sustainability assurance has been transformed by the International Standard on Sustainability Assurance (ISSA) 5000. Approved by the International Auditing and Assurance Standards Board (IAASB) in late 2024 and published in early 2025, ISSA 5000 has become the foundational global standard for how auditors verify ESG claims [1.3, 1.9].

What makes ISSA 5000 unique is its framework-neutral approach. Whether an airline is reporting under the European Sustainability Reporting Standards (ESRS) or the IFRS Sustainability Disclosure Standards, the auditor uses ISSA 5000 to evaluate the evidence. For the airline, this means that the assurance process is no longer a "check-the-box" exercise but a deep dive into the materiality assessment and the reliability of the underlying systems [1.7, 1.14].

The choice of an assurance provider is itself a strategic decision. While many airlines utilize their existing financial auditors (the "Big Four") to provide integrated assurance, others are turning to specialized engineering or environmental firms, particularly for highly technical areas like non-CO climate impacts. However, the trend in 2026 is toward consolidation. Investors increasingly prefer a single, holistic assurance report that covers

both financial and sustainability disclosures, as this reduces the risk of "disclosure gaps" where the two sets of data might contradict one another.

A significant development in early 2026 is the focus on "double materiality" assurance. Under the CSRD, auditors must now verify not only how sustainability issues affect the company's finances but also how the company's operations affect the environment and society [1.3, 1.7]. For an airline, this might involve assuring the data behind a noise mitigation program at a major hub or the human rights due diligence performed on a catering supplier in a high-risk jurisdiction. This breadth of scope requires a new breed of auditor--one who is as comfortable with carbon chemistry as they are with a balance sheet.

Navigating the 2026 Crossroads

We are currently at what some industry analysts call the "definitive crossroads" for aviation ESG [1.22]. On one hand, passenger demand has returned to, and in some regions exceeded, pre-pandemic levels, with 10 billion passengers expected globally in 2026 [1.25]. On the other hand, the legal and financial consequences of misreporting sustainability performance have never been higher. A single material misstatement regarding carbon offsets or SAF usage can lead to litigation, regulatory fines, and a catastrophic loss of investor confidence.

The integrity of information is the only safeguard against these risks. It seems clear that the airlines that will thrive in this regulated environment are those that view data governance not as a compliance burden, but as a competitive advantage. When an airline can provide transparent, traceable, and assured data, it gains better access to capital, more favorable insurance terms, and, perhaps most importantly, the trust of a public that is increasingly skeptical of corporate climate claims.

As we look toward the final integration of these standards in the concluding chapter, it is worth reflecting on the fact that data governance is a journey of continuous improvement. The systems we build in 2026 to satisfy "limited assurance" will be the foundation for the "reasonable assurance" world of the 2030s. The logbook is open, and every entry must now be signed, dated, and verified with the utmost precision.

The Integrated Airline: Strategy and Future Outlook

As the aviation industry approaches the middle of the 2020s, the concept of the 'Integrated Airline' has shifted from a theoretical management framework to a literal operational necessity. The 'Logbook' we have explored throughout this volume is no longer a static record of past flights or a simple tally of fuel burn; by May 1, 2026, it has become a multi-dimensional digital core that connects financial reporting, carbon accounting, and real-time flight telemetry. We are seeing a transition where environmental, social, and governance (ESG) factors are no longer siloed in sustainability departments but are instead hard-wired into the flight deck, the maintenance hangar, and the investor presentation.

The 2026 Investor Landscape: From Narrative to Numbers

The most significant pressure on airlines today comes from the refined expectations of the global capital markets. By early 2026, the 'wild west' of voluntary ESG reporting has largely been tamed by the widespread

adoption of the International Sustainability Standards Board (ISSB) standards, specifically IFRS S and IFRS S. As of April 2026, approximately 28 jurisdictions have formally adopted or aligned their national reporting requirements with these standards, creating a global baseline that demands the same level of rigor for sustainability data as for financial data.

For airline CFOs, this has meant moving away from glossy marketing brochures filled with 'green' imagery and toward 10-K style disclosures that quantify climate-related risks and opportunities. Investors in 2026 are less interested in an airline's 2050 'Net Zero' pledge than they are in its 2025 Sustainable Aviation Fuel (SAF) blending performance and its Scope 3 emissions transparency. The UK's recent finalization of its Sustainability Reporting Standards (UK SRS) in February 2026 further underscores this trend, requiring airlines to provide audit-ready data on transition plans and climate resilience. Perhaps the most striking shift is the demand for 'decision-useful' information; institutional investors are now using AI-driven tools to scrape these disclosures, comparing the fuel efficiency of an airline's fleet renewal program against its competitors in real-time. If the data is missing or inconsistent, the 'green premium' on capital quickly evaporates.

Case Studies in Integration: Lufthansa and United

Leading carriers have responded to this landscape by integrating ESG into their core commercial models. The Lufthansa Group provides a compelling example of how sustainability can be turned into a customer-facing product. In its March 2026 performance update, the group revealed that nearly 7 million passengers had opted for its more sustainable travel options in 2025. This was driven largely by the 'Green Fares' initiative, which includes carbon offsetting and SAF contributions directly in the ticket price. What began as a pilot in 2022 has, by 2026, become a significant revenue stream and a tool

for corporate client engagement. Over 1,680 companies participated in Lufthansa's corporate SAF programs in 2025, demonstrating that when ESG data is transparent and easy to purchase, corporate travel departments will pay for the Scope 3 reductions.

Across the Atlantic, United Airlines has focused on a venture-capital approach to integration. The United Airlines Ventures (UAV) Sustainable Flight Fund, which reached a milestone of nearly \$200 million in committed capital by 2025, represents a unique collaboration between an airline, its suppliers, and its corporate customers. Rather than merely buying SAF on the spot market--where supply remains constrained--United is using its 'Logbook' of operational data to identify and invest in the most promising technology startups. One such investment, Twelve, is working on Power-to-Liquid (PtL) fuels that convert captured CO and renewable energy into jet fuel. This is not just a sustainability project; it is a strategic hedge against the long-term volatility of fossil fuel prices and the inevitable rise of carbon taxes.

The Role of AI and Real-Time Data Governance

If SAF is the 'hardware' of the integrated airline, then Artificial Intelligence (AI) and high-fidelity data governance are the 'software.' In 2026, we are seeing the first widespread results of AI tools being used to optimize flight profiles for environmental outcomes. A notable instance is ITA Airways, which, in April 2026, reported significant progress using AI-based climb profile optimization. By analyzing tail-specific data and 4D weather patterns, the airline is on track to save over 7,100 tons of fuel and reduce CO emissions by more than 22,100 tons across the 2025-2026 period.

This level of optimization requires a sophisticated data governance framework. The 'integrated' airline of 2026 does not just collect data; it governs it so that it can be used across the enterprise. For example, the

same telemetry data that helps a pilot avoid contrails--which can have a warming effect several times that of CO₂--is also used by the finance team to calculate carbon credits and by the maintenance team to predict engine wear. AI-driven contrail avoidance has moved from experimental pilots in 2023 to a standard operational procedure for several major carriers by 2026, as the industry realizes that reducing non-CO impacts is one of the fastest ways to improve its ESG standing.

However, this reliance on data brings new risks. The European Regions Airline Association (ERA) recently highlighted the challenges of the ReFuelEU Aviation mandate, which requires a 2% SAF blend at EU airports starting in 2025. Airlines have reported 'documentation gaps' from fuel suppliers, making it difficult to prove compliance for regulatory and investor reporting. This illustrates a vital lesson for the future: an airline is only as 'integrated' as its weakest data link in the supply chain.

The 2030 Horizon and Beyond

As we look toward 2030, the trajectory for the airline industry is clear, yet the climb remains steep. The European Union's mandate for SAF will rise from 2% in 2025 to 6% by 2030. For an industry where SAF currently represents less than 1% of total fuel use, this is a monumental challenge. The 'Integrated Airline' of the future will likely be one that has secured its fuel supply through direct equity stakes in production facilities and has fully automated its ESG compliance through blockchain or similar distributed ledger technologies to ensure data integrity.

We might also see a divergence in the industry. Some carriers may struggle with the capital costs of fleet renewal and SAF procurement, potentially leading to a market where 'sustainability' becomes a primary driver of consolidation. Smaller regional players are already feeling the pinch of reporting requirements and the high cost of green financing. Conversely,

those that successfully navigate the IFRS standards and ISO frameworks will find themselves with a lower cost of capital and higher passenger loyalty.

In the end, the 'ESG Logbook' is about more than just staying compliant; it is about building a resilient business in a climate-constrained world. The airlines that thrive in the late 2020s will be those that treat ESG not as a burden to be managed, but as the new operating system for global aviation. They will be the carriers that understand that in the modern era, every gram of fuel saved is not just a cost reduction, but a data point that builds trust with the planet and the people who fly upon it.

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Beyond enterprise, he has built platforms that open global markets to farmers, removing the friction of export, compliance and logistics to create real economic access at scale.

A thread that runs through everything he builds: technology should create opportunity, not just optimise what already exists.

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Vishal is the co-founder & CEO of Adinex.ai, an AI solutions company that helps governments, municipalities, airports, and enterprises retire legacy systems and deploy AI that works in the real world, at scale, and with sustainability built in.

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